Friends of Oakridge Newsletter - Summer 2020

All About Oakridge



A Los Angeles Historic-Cultural Monument Former Residence of Barbara Stanwyck and Jack Oakie and Victoria Horne Oakie

SPECIAL SUMMER FOOD EDITION

During this unusual time of stay at home orders due to COVID-19, many are finding a place of comfort in their kitchens. Friends of Oakridge thought it would be a good time to explore the Oakridge kitchen in more detail and delve into what past residents were cooking and baking. As you sit at your kitchen counters and tables, we hope you will enjoy reading this Summer Newsletter and possibly try some of the recipes included.

A Kitchen Suspended in Time

It is surprising that the Oakridge Estate's 1937 kitchen escaped renovation and remains in what appears to be original condition. When Barbara Stanwyck began designing her dream home, plans undoubtedly called for a state of the art kitchen even though she was not planning on spending any time in it. In a 1967 interview that appeared in *The St. Petersburg Evening Independent*, Barbara commented, "I know very little about the kitchen and don't intend to. I only eat food to survive and then I eat steak, raw meat and potatoes. In fact, I'm really the worst one in the world to talk to about food or cooking".

In the 1930s, Art Deco designers began expanding the common color palette of kitchens to include vibrant colors of paint and patterned tiles. However, Barbara chose to stay with the traditional theme of all-white for her tile counter-tops and painted wood cabinets. The only custom touches appear in an accent band of blue tile on the sink back-splash and a wood scallop detail visible at ceiling height. The square tile counter-tops are still in

excellent condition with only a few minor cracks indicating gentle use. The lower ceilings and utilitarian hardware in this area of the home denote that this space was used by the household staff, whose bed and bathrooms were just a few steps away.

As depicted in the image, the kitchen is connected to the dining room by a butler's pantry. Not visible is a dumb waiter that is conveniently located at the entrance to the bar. This feature made it convenient to send up food and drinks directly into the master Staff would have suite. stored flatware, table settings and serving in these drawers pieces cabinets. In fact, one lower cabinet is designed with vertical dividers to specifically accommodate serving trays. The wood counter at the sink is sloped for drainage. Both the



kitchen and butler's pantry have cork tile flooring which shows only minor wear after over 80 years. Currently there has been a resurgence in using both cork flooring and wood counter tops for their durability and sustainability.



purchased Jack Oakie the Stanwyck residence in 1941 and renamed it Oakridge. He and wife Victoria Horne felt the kitchen dining alcove with its window and built-in table and benches resembled the drawing rooms they always enjoyed on the Southern Pacific Super Chief trains. In her memoir, Life with Jack Oakie, Mrs. reminisces Oakie about what happened next: "And many years ago, as we sat in the alcove, my husband said to me, and I quote, 'Mommy dear, look out the window

and see if we're still in Albuquerque.' Our alcove has been called 'Albuquerque' ever since."

After countless hours of research, Oakridge volunteers have still been





unable to uncover any information about the refrigerator and stove which would have been original to the 1937 Marwyck kitchen. We can speculate the refrigerator might have been one of the latest models that no longer had a round "monitor top." This new state of the art appliance would have sold for approximately \$250-\$300 in its day.

What does remain in the kitchen though is an unusual form of cooling. Electric refrigerators of the period weren't spacious, so a cabinet called a was commonly California Cooler installed to add extra refrigeration space. The closed compartment with slotted shelf and motor for circulation provided a dark, cool, wellventilated space for bulky items such as potatoes, onions, carrots, fruits and even cheeses. It was a convenient alternative to a root cellar made



possible by the temperate climate of the West Coast. The picture above shows the location of the California Cooler in the pantry section of the kitchen.



Unable to discover any concrete information, written or pictures, we can only surmise what type of range would have been purchased for the completed house. It was probably a highend, state of the art range similar to the electric oven in this Westinghouse 1937 ad. The cost for a new electric range was \$99 to \$319.



If Barbara Stanwyck "ate to live", then Jack Oakie "lived to eat". Food and drink were important to Jack and he made improvements to the kitchen to accommodate his tastes. Jack purchased this 1941 Roper Scientific Range from Sears for a price of \$198.04. It remains in the kitchen to this day. Both ovens are spotless which makes us wonder if the large plastic bag of wishbones Mrs. Oakie saved over the years display at Valley Relics (on Museum) actually came from the purchase of pre-roasted chickens!

Who is Cooking in the Kitchen?

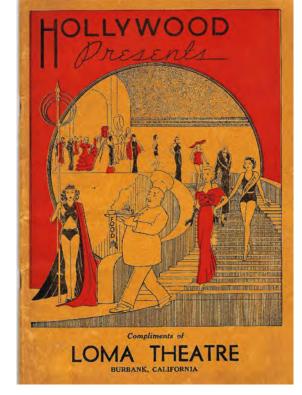
Barbara Stanwyck was as disciplined about her diet as she was about her craft. Fruits and vegetables were eaten strictly for their health benefits. Beef gave her "instant energy" and she was happy to eat it for any meal. Steak tartar was a favorite: "I put the best piece of steak I can find through the grinder with a little chopped green onion and some chopped green pepper. That's marvelous for vitality." She served rare roast beef to guests and was proud of her unique version of twice baked potatoes which she stuffed with Roquefort cheese.

In his book, *Double Takes*, Jack Oakie wrote of his love of fish and his wife's refusal to cook it at home because of the strong odor.

That problem was solved when the Howard Johnson's on Reseda Boulevard began offering an "All You Can Eat Fish Fry" on Wednesday evenings. In the early years, though, Oakridge was so isolated that most of the groceries had to be brought in from Hollywood and Beverly Hills. The Oakies enjoyed entertaining and box lunches were often served at Victoria's afternoon backyard picnics along with a screening of one of Jack's old films.

During the Second World War, Jack planted a two-acre orchard near the southeast corner of the property near his barn. It was called a "family" orchard because he did not grow or pick the fruit for commercial use. The orchard was comprised of orange, lemon, grapefruit, lime, fig, plum, peach, apricot and nectarine trees. The trees had to be hand-watered by hose and the process took hours. The bountiful harvest allowed Jack to indulge his hobby of preserving the fruit as jams and butters. He stored the finished products on a labeled shelving unit in the small cellar reached by a door off the foyer.

Hopefully, reading about the Stanwyck/Oakie kitchen has inspired you to get in your own home kitchen and start cooking or baking. During Hollywood's heyday, it was common for the movie star fan magazines to carry articles on celebrity dining habits including the restaurants they frequented, as well as their personal favorite recipes. Below, please find some of the recipes that we have discovered. If you are adventurous and try out any these dishes, we would love to hear how they turned out and a picture would be great. Please email us at: info@theoakridgeestate.org.

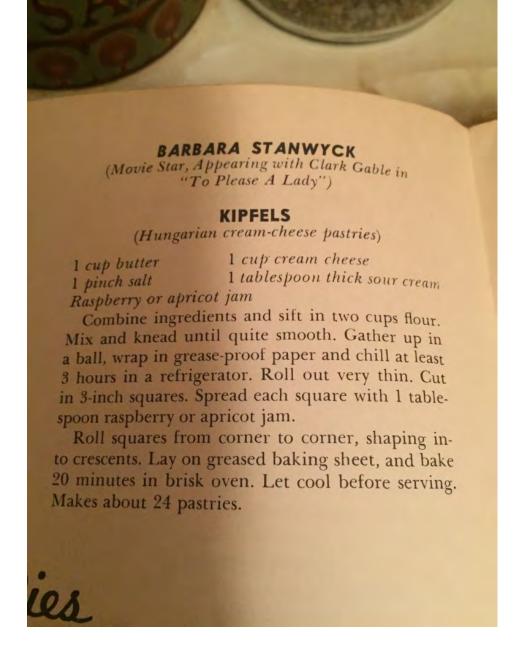




Hollywood Celebrity Cookbook

Barbara's Cheese Cake Delight

Barbara's Kipfels



Barbara's Leg of Lamb with Wine Sauce

1 large can puree of tomatoes
1 large entire mixture. Bake at 350 degrees for one hour Serves 4. BARBARA STANWYCK: LEG OF LAMB-WINE SAUCE 1 leg of lamb, boned and skewered 3 sticks cinnamon Place inside rolled leg. Place meat in deep container 1 pint white wine 1 pint red wine Cover lamb with wines. Marinate 1 day. Turn. Marinate 1 day, basting occasionally 1 clove garlic 1 small onion Rub leg well with onion and garlic Juice of 1 carrot Juice of ½ lemon Juice of 1 bunch celery 1/4 cup sugar Combine. Wash leg of lamb well with the mixture. Roast, allowing 25 minutes to the pound at 325 degrees or until your meat thermometer reads 175 to 182 degrees. Make gravy if desired, using no mint Barbara Janungel Serves 6 to 8.

Barbara's Chicken Hash Somborn

Barbara's Steak Tartare

Barbara Stanwyck's Chicken Hash Somborn

Eight ounces of diced breast of chicken, covered with four ounces whipping cream two egg yolks, and seasoning. Serve in casserole, add salt and pepper to taste.

Barbara Stanwyck's Steak Tartare

1/2 to 3/4 pound filet mignon

2 tablespoons chopped green pepper

2 tablespoons chopped scallions (white part only)

1/4 teaspoon coarse salt

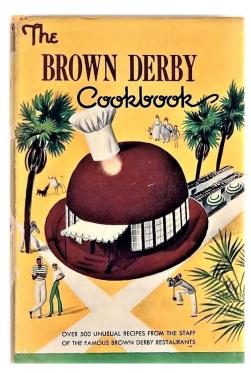
A few gratings coarsely ground pepper to taste Egg yolk

Scrape the meat with sharp knife (or put through fine meat grinder). Add green pepper, scallions, salt and pepper.

Shape meat, according to platter, into round or oval 1-inch thick steak. Smooth the surface with a spoon and with the hands. Score the top crosswise and make an indentation in center of the meat.

Break egg carefully, discarding the white. Place the yolk in center of the steak, encircle it with an onion ring. Serve with thick slices of pumpernickel bread lightly spread with sweet butter. Serve as supper or luncheon dish. Serves one.

Thoughts: For a more complete repast, mix the tartar tableside. Place the steak in center of a platter, surround with little mounds of chopped scallions, green pepper, pickled beets, mustard or salted gherkins, and garnish with capers, anchovies or shredded horseradish root. Or prepare the beef as a sandwich by spreading the geasoned beef on a slice of dark rye. Garnish with caviar, shrimp or smoked salmon and sieved cooked egg yolk. Serve with good imported beer or ale or chilled aquavit.



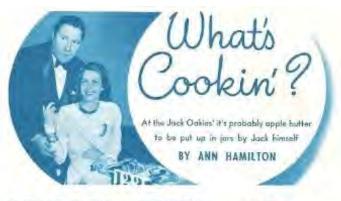
Restaurants that Hollywood stars frequented often published cookbooks featuring celebrities' favorite recipes



Barbara sitting in a booth at the famous Brown Derby restaurant reading their latest cookbook



Jack's mother's recipe for Breakfast Muffins (above)



In an August 1941 interview for *Photoplay* magazine, Jack told Ann Hamilton that, "Long before anyone ever heard of Jack Oakie, my paternal grandmother made the name of Offield (Jack's name is really Lewis Offield, you know) famous throughout the width and breadth of Pettis County, Missouri, by copping the blue ribbon for apple butter seven years and running at **Pettis** the County Fair. Shortly before my grandmother died, she made a will leaving all her worldly goods to my father with the exception of her cookbook and cooking recipes, which she left to mother. Among these was the formula for apple butter which in years to follow made mother the my unchallenged apple butter champion of Pettis County. Today, though far from the place of my birth, I intend to carry on the apple butter tradition." We think Jack would be happy to know that his family legacy continues to be shared by the Friends of Oakridge.

Grandmother Offield's original recipes for apple butter and gingerbread peach shortcake are reprinted below:

APPLE BUTTER (enough to serve a County Fair)

- 4 gallons prepared apples
- 1 gallon sweet cider
- 4 pints sugar
- 1 teaspoon allspice
- 1 teaspoon cinnamon

Boil sweet cider until it is reduced to half its quantity. Peel, core and slice apples – there should be four gallons after slicing – and add to boiling cider. Cook over low heat, stirring frequently to prevent scorching, until mixture begins to thicken. Add spices and sugar and continue cooking slowly until a spoonful of the mixture will remain in a smooth mass when cooled on a saucer. Pour into sterilized Mason jars and seal.

GINGERBREAD PEACH SHORTCAKE

- 1 beaten egg
- 1 cup molasses
- ½ cup melted butter
- ½ teaspoon salt
- 2 teaspoons ginger
- 1 teaspoon cinnamon
- 1 teaspoon (baking) soda dissolved in
- 1 cup boiling water
- 2 cups sifted flour
- 1 quart canned peaches

Beat egg, beat in molasses, then butter, salt, ginger and cinnamon. Add soda dissolved in hot water. Add flour a little at a time. Beat until smooth. Bake in two buttered cake tins at 350 degrees F until done (25 to 30 minutes). Spread well-drained canned peaches between layers and on top. Serve plain, or with whipped cream, while still warm.

Just like today, advertising agencies used celebrity endorsements for food products

Below is Barbara Stanwyck sharing the Star-Kist Tuna Chow Mein recipe

Jack Oakie and wife Venita Vardon are joined by a favorite Afghan Hound as they enjoy a Canada Dry Ginger Ale





Thank you Oakridge Docent Art Jacobs for providing some of the vintage images used in this article

A Special Message to our Subscribers

Friends of Oakridge appreciates your continuing interest and support for the historic Oakridge Estate. To ensure the health and safety of our visitors during the current public health concerns related to the transmission of COVID-19 (Coronavirus), Friends has suspended all tours and programs at the Estate in alignment with the City of Los Angeles' guidelines. Everyone at Friends of Oakridge looks forward to resuming our event schedule in the future. Please check for updates at our website: www.theoakridgeestate.org.

Volunteer Opportunities

Friends offers several ways for you to share your talents. We are seeking people with skills

in any of the following categories: public speaking, photography, social media, videotaping, public relations, historic research, and event volunteering. The Friends of Oakridge is an all-volunteer, non-profit organization and we are always looking for anthusiastic people to join our team. Visit our we



enthusiastic people to join our team. Visit our website to sign-up.



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